

SportsArt FITNESS

Rotational handles allow a variety of different training angles and movements while eliminating wrist stress

Fingertip control buttons allow quick and easy resistance changes to either, or both, the upper and lower body training components

Independent arm movement provides positive and negative resistance thereby maximizing training effect

Patented reclining seat back provides exceptional comfort and customized fit

Proprietary drive system delivers smooth and consistent resistance

Convenient step-through access is inviting, and non-threatening to users

XT20
TRAINER

State-of-the-art display features advanced programming, heart rate control, and CardioAdvisor™

Lower body resistance is independent of upper body, resulting in more effective training results



Programs	Feedback	Electronics Package
Random	Calories	Dot Matrix
Cardio/Wt Loss	Distance	Oversize LED's
Conditioning	Mets	CardioAdvisor™
Advanced Conditioning	CAL/Hr	Heart Rate Control
Manual	WATTS	
Quick Start	Time	
	Leg RPM	
	Arm RPM	

TRAINER

Performance & Quality

Eddy-Current Resistance	Welded Steel Frame
Independent arms with positive and negative resistance	Electrostatically Applied Powder Coat Finish
Fingertip controls for upper and lower body resistance	Automotive Grade Poly-v Belt
Certifications TÜV ISO 9001/9002, ETL-C, CE	Self-Generating Power Supply

General Specifications

Unit Dimensions	L: 183 x W: 87 x H123 mm
Max. User Weight	150 kg
Unit Weight	154 kg
Box Dimensions	L: 75" x W: 28" x H: 33" (39.65 cu.ft)
20'/40' Container Q'ty	16/36 Sets

SportsArt
FITNESS

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